

# EPRA International Journal of Economic Growth and Environmental Issues (EGEI)

SJIF Impact Factor: 5.708|Volume:5|June-May 2017-18

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## **A STUDY ON MATERNAL HEALTH PROBLEMS WITH REFERENCE TO SELF HELP GROUP WOMEN AND NON SELF HELP GROUP WOMEN IN MADURAI DISTRICT**

**M.Kanmani<sup>1</sup>**

<sup>1</sup>Ph.D Scholar, Department of Population Studies, Annamalai University, Annamalai Nagar, Chidambaram, Tamil Nadu, India

**Dr. A. K. Ravisankar<sup>2</sup>**

<sup>2</sup>Assistant Professor, Department of Population Studies, Annamalai University, Annamalai Nagar, Chidambaram, Tamil Nadu, India

### **ABSTRACT**

Safe motherhood refers to a woman's ability to have a safe and healthy pregnancy and delivery. The goal of safe motherhood is to ensure that every woman has access to a full range of high-quality, affordable sexual and reproductive health services especially maternal care and treatment of obstetric emergencies to reduce deaths and disabilities. This paper deals with maternal health problems of self help group women and non self help group women. It outlines the various indicators of maternal health problems and such indicators are quantified on the basis of 5 point rating scale. This paper concludes with some interesting findings.

**KEYWORDS:** self help group, Malnutrition, malnourished, maternal infections